

2009 Southeastern Regional Counseling Psychology Conference



Counseling Psychology in the 21st Century:

Social Justice, Practice, and Research

April 24, 2009

University of Georgia, Athens, GA

Schedule Overview

8:00 – 9:00 AM	Registration
8:45 – 9:00 AM	Opening remarks: Dr. Andy Horne and Dr. Edward Delgado-Romero
9:00 – 10:00 AM:	Keynote Address: Dr. Janet Helms
10:00 – 10:10 AM	Break – with snacks!
10:10 – 11:00 AM:	Symposium/Paper Session I
11:00 – 11:10 AM:	Break
11:10 AM – 12:00 NOON:	Roundtables
12:00 – 1:30 PM:	Luncheon and Keynote Address: Dr. Larry Gerstein
1:30 – 2:00 PM:	Break and Poster Session Set-Up
2:00 – 2:50 PM:	Poster Session
2:50 – 3:00 PM:	Break – with snacks!
3:00 – 3:50 PM:	Symposium/Paper Session II
3:50 – 4:00 PM:	Break
4:00 – 5:00 PM:	Town Hall Meeting and Closing

2009 Southeastern Regional Counseling Psychology Conference



Counseling Psychology in the 21st Century:

Social Justice, Practice, and Research

April 24, 2009

University of Georgia, Athens, GA

Program

8:00 – 9:00 AM: Registration

8:45 – 9:00 AM: Opening remarks: Dr. Andy Horne and Dr. Edward Delgado-Romero

9:00 – 10:00 AM: Opening and Keynote Address: Dr. Janet Helms

Taking Action against Racism in a Post Racism Era

Introduced by: Dr. Ruperto Perez – Masters Hall

10:00 – 10:10 AM: Break

10:10 – 11:00 AM: Symposium/Paper Session I

Symposium 1 – Room K

Starting from Scratch: Building a Social Justice Oriented Program

Chair: Valerie Leake, Radford University

The presenters are constructing a brand-new Counseling Psychology doctoral program. The faculty decided to include social justice and diversity as two pillars of the program that would be infused throughout the curriculum. The first cohort of students is helping to co-create the implementation of these ideas.

Faculty Perspectives on Infusing Social Justice Throughout the Curriculum

Valerie Leake, Sarah Hastings, Tracy Cohn, Tom Mullis, Ruth Riding-Malon, and James L. Werth, Jr., Radford University

Social Justice Through the Process of Program Development

Josh Bradley, Zetta Nicely, Kevin Simonson, Jana Moberg, and Alexandra Herren, Radford University

Applying Principles of Social Justice in the Community Through the Creation of a Wellness Center

Ruth Riding-Malon, Valerie Leake, and James L. Werth, Jr., Radford University

Symposium 2 – Room L

African Americans and Suicide: Guides for Practice

Chair: Dolores D. Tarver, University of Georgia

This symposium will address risk factors that increase suicidality in African Americans such as mental health disorders, history of abuse/trauma, substance abuse, familial and relationship concerns, support system, and gender. We will also explore religious/spiritual coping and how faith based organizations can support and/or alienate African Americans who are at risk.

African Americans and Suicide: Dispelling Myths

Joy Harden, University of Georgia

African Americans and Suicide: From the Eyes of the Church

Rev. Richard A. Washington, Sr., First African Methodist Episcopal Church

African Americans and Suicide: Substance Abuse Risk Factors

Yared Alemu, Georgia State University

Symposium 3 – Room R

Health Disparities and Substance use in African Americans: A Biopsychosocial Approach

Chair: Ezemenari M. Obasi, University of Georgia

The purpose of this research study was to broaden our understanding of the biopsychosocial pathways implicated in the disproportionate representation of health disparities affecting African Americans. This study responds to gaps in the literature largely concerned with empirically investigating the causal mechanisms that underlie alcohol related health disparities while taking sociocultural variables into consideration.

Theoretical Conceptualization of Health Disparities and Substance Use Interaction in African Americans

Delishia M. Pittman, University of Georgia

Innovative Research in Understanding Substance Use and Health Disparities in African Americans

Jessica J. Brooks, University of Georgia

The Role of Social Justice: Implications for Training and Practice

Jaime L. Richards, University of Georgia

Symposium 4 – Room V/W

Counseling Psychology Students' Social Justice Research and International Action

Chair: Brent Mallinckrodt, University of Tennessee-Knoxville

Presenters: Aaron C. Sayers, Destin N. Stewart, and Mi Ra Sung, University of Tennessee-Knoxville

Social justice implications of: (a) a qualitative study of African American women, first in their family to attend college, (b) a simulated jury experiment that detected biases based on rape survivors' behavior, (c) counseling "comfort women" in Korea forced into prostitution during WWII, and (d) counseling civilian victims of Eritrea's 30 civil war in East Africa.

Paper Session 1: Gender, Gender Identity, and Sexual Orientation – Room Y/Z

Qualitative Analysis of Workplace Oppressions Experienced by FTM Transgender Persons

Franco Dispenza and Laurel Watson, Georgia State University; Y. Barry Chung, Northeastern University; and Gregory L. Brack, Georgia State University

This paper will present findings of a qualitative study that explored the workplace discrimination and oppressions faced by female to male (FTM) transgender persons. Nine FTM individuals participated in the study, and the researchers explored how transgender individuals perceive and classify discrimination in the workplace and in life. Implications for counseling and advocacy will be proposed.

Clinical and Ethical Implications in Psychological Practice with Men

Lindsay Murn, Oklahoma State University

Psychologists must be prepared to work with a diverse population of clients. One underrepresented population in counseling psychology is males. In order to adequately serve male clients and create a more male-friendly counseling experience, counseling psychologists must acknowledge some unique mental health needs of men within clinical and ethical contexts.

Microaggressions Experienced by LGBQ Psychotherapy Clients

Kimber Shelton, University of Georgia

As LGBQ clients are frequent consumers of psychotherapy, they are likely to experience subtle forms of discrimination (microaggressions) while in therapy. This paper discusses nine microaggressive themes that emerged from exploring LGBQ clients experience and perceptions in psychotherapy. Results from this study can help improve the therapeutic services provided to LGBQ individuals.

Sexuality and Aging: Practice and Research with Ethnic Minority and LGB Adults

Arien Muzacz and Adejinka Akinsulure-Smith, City College of the City University of New York

Adults over 65 constitute the fastest-growing group in the U.S., but little research exists addressing sexuality and aging, especially among ethnic and sexual minority populations. This review of recent literature purports that counseling provides older adults an opportunity to discuss sex and sexuality. Guidelines for counseling ethnic and sexual minority older adults and areas of future research are suggested.

11:00 – 11:10 AM: Break

11:10 AM – 12:00 NOON: Roundtables

#1 Covert Racism as a Traumatic Event in Latino/a Clients – Room K

Hector L. Torres, Chicago School of Psychology

Day to day covert racist incidents may produce psychological symptoms, including distress, worry, hypervigilance, and generalized feelings of vulnerability, which may lead to traumatic impact. Ways in which Latino/as experience and often internalize racism will be discussed. Recommendations for assessment, treatment and research will be provided.

#2 Infusing Multiculturalism and Social Justice: A Model for Graduate Training

Millicent McFadden, Aarti Khuller, and Heather King, Chicago School of Psychology

A campus-wide training model for enhancing multiculturalism and social justice will be presented and initiate discourse. A model that embodies these ideologies is critical toward fostering learning that is student-engaged, transformative, and raises critical consciousness. The utility and applicability of the model toward other graduate programs will be explored.

#3 21st Century Superwomen: Balancing Expanding Roles in Counseling Psychology – Room L

Aisha P. Armstrong, Marquitta M. Henry, and Joan Pokin, Tennessee State University

Women's roles within the field of psychology have increasingly expanded from more traditional roles. Currently, attention is being paid to how women bridge the gap between professional and their family roles. This roundtable discussion will discuss how women manage these roles, encourage women to discuss their experiences, and provide recommendations.

#4 Sharing Our Experiences: Traditionality and Modernity in Clinical Practice as Student Practitioners – Room R

Pearl Chang, Uma Dorn, and Yi-Chen (Jenny) Wu, University of Georgia

The roundtable discussion will include three perspectives of how female Asian and Asian-American graduate students of differing generations view the effects of traditionality and modernity factors in their clinical skills. The Multiple Factors Assessment on Traditionalism (Yang, 2007), Multiple Factors Assessment on Modernism (Yang, 2007) as well as a Modernity and Traditionality scale developed by the presenters will be presented as an aid to facilitate discussion. Additionally, the discussion will focus on raising awareness on traditionality and modernity as psychological constructs to increase multicultural competency in counseling practice.

#5 A Model for Social Justice Advocacy: How Successful Advocates Create Change in Schools – Room V/W

Alessandra Urbano, Anneliese Singh, Eleanor McMahan, and Meg Haston, University of Georgia

Although extensive literature documents the need for school counselors to serve as social justice advocates, only limited research demonstrates how to effectively assume this role. This roundtable discussion will attempt to address the "how" piece of social justice by proposing a grounded theory of the strategies that sixteen school counselors who self-identify as social justice agents use to successfully achieve change within their school communities. Implications for training and practice will be explored.

#6 Psycho-Social Aspects of Children as Language Brokers in Immigrant Families – Room Y/Z

Angela Londoño-McConnell and J. Kip Matthews, AK Counseling & Consulting, Inc.

Psychologists are serving a greater number of immigrant clients. Many immigrant families rely strongly on their bilingual children to navigate the new culture and they become language brokers. The discussion will focus on the psychological impact of language brokering on the family and the ethical implication of its practice.

#7 Where's the Justice? Advocating for Children with Chronic Illness –Masters Hall

Yvette Q. Getch, University of Georgia

Social justice includes advocating for children with chronic illness by ensuring needed accommodations and services are provided to support academic success, however, most training programs do not address the impact chronic illness has on the child and family or barriers they face in schools and in the community.

#8 Multicultural Training and Supervision within a Seemingly Homogenous Institution – Room F/G

Kacey Wilson, Joeleen Cooper, Mark LaSota, and Jenna Silverman, Auburn University

In this roundtable discussion, ideas will be generated for assisting psychology training programs with providing adequate multicultural training given the limited experiential opportunities for students to work with diverse clientele within predominantly homogenous institutions/regions. Topics addressed will include: broadening definitions of what constitutes diversity; incorporating non-traditional training experiences into counseling psychology training programs; and examining the larger system/culture in which psychotherapy supervisees are trained.

12:00 – 1:30 PM: Luncheon and Keynote Address: Dr. Larry Gerstein – Magnolia Ballroom

Yankee, Bulldawg, and Cardinal: A Social Justice Journey!

Introduced by: Dr. Barry Chung

1:30 – 2:00 PM: Break and Poster Session Set-Up

2:00 – 2:50 PM: Poster Session - Atrium

#1 Development and Initial Validation of the Research Motivation Scale

Eric D. Deemer and Rebecca M. Hoffman, Louisiana Tech University

#2 Achievement Motives of Graduate Students in the Life, Physical, and Behavioral Sciences

Eric D. Deemer and Donna B. Thomas, Louisiana Tech University

#3 Multicultural Competence Assessment Tools: An Update

Geoff Bathje and Allie Smith, University of Georgia

#4 Attitudes Toward Domestic Violence: Race and Spirituality Issues *Mary Buzzetta and Bonnie C. Nicholson, University of Southern Mississippi*

#5 Who Has the Authority? Authoritative vs. Authoritarian Parenting *Sarah McMurtry, Bianca S. W. Ho, and Bonnie Nicholson, University of Southern Mississippi*

#6 Multiple Identities: The Intersection of Womanist and Ethnicity in Latinas

Erin Schwartz, University of Georgia

#7 Clients Considering Euthanasia: Psychology Trainees' Attitudes and Acceptance

Frank Bevacqua and Sharon E. Robinson Kurpius, Arizona State University

#8 Risk Behaviors, Spirituality, and Psychological Well-being Among African American Adolescents

LaKeisha S. Gantt, University of Georgia

#9 Counseling Psychology and Infertility: Bringing Our Strengths to Bear

Ashley Hampton and Suzanne H. Lease, University of Memphis

#10 Asians' Help-Seeking Attitudes and Behavior: Observations, Patterns, and Implications

Seong-In Choi, University of Southern Mississippi

#11 African American Female Predoctoral Internship Mentoring Experience: An Intern Perspective

Kimber Shelton, University of Georgia

2:50 – 3:00 PM: Break

3:00 – 3:50 PM: Symposium/Paper Session II

Symposium 5 – Room K

Trauma and Women's Legal Experiences: The Role of Counseling Psychologists

Chair: Julie R. Ancis, Georgia State University

Although studies on women's post-divorce experiences have been conducted (Sandfield, 2006; Sakraida, 2005), no research has investigated women's experiences with the legal system during their divorce process. One area that has a significant impact on women's post-divorce experiences and adjustment is their experiences within the legal system. Related literature describes bias inherent in case law and legal proceedings, and held by relevant decision makers, including judges, attorneys, guardian ad litem, and mediators (Delorey, 1989; Fineman, 1989). The Commission on Gender Bias (1991) in the home state of this research study found that women in the process of divorce experience bias by judges, attorneys, guardian ad litem, and others in the legal system in areas related to domestic violence, child custody, visitation, child support, alimony, and equitable distribution of property. Women's relative financial disadvantage often prevents barriers to adequate legal access and the pursuit of more offensive legal positions.

The Role of Power, Control, and Dual Relationships in Divorce and Custody Disputes

Julie R. Ancis, Georgia State University

Challenges of Custody Disputes and Visitation

Laurel Watson, Georgia State University

Financial Advantage as a Form of Psychological and Legal Leverage

Tameka Jackson, Georgia State University

Symposium 6 – Room L

Counseling Psychology Seeks (Social) Justice

Chair: Mona Ghosheh, Ball State University

This symposium presents the experiences of three graduate students who actively apply social justice principles on a university campus, in a community agency and in a Congressional office. The Chair will summarize and open the floor for discussion.

The Social Justice League: An Advocacy Group

Mona Ghosheh, Gunnar Ingolfsson, Jerry Novack, and Kory Jordon, Ball State University

Counselor, Advocate, or Both? One Therapist's Experience

Mona Ghosheh, Gunnar Ingolfsson, Jerry Novack, and Kory Jordon, Ball State University

Counseling Psychology's Political Face

Mona Ghosheh, Gunnar Ingolfsson, Jerry Novack, and Kory Jordon, Ball State University

Symposium 7 – Room R

Implicit Cognition and Alcohol Use: Implications for Research and Practice

Chair: Ezemenari M. Obasi, University of Georgia

Addiction researchers have begun using implicit measures to examine underlying cognitive processes that contribute to heavy drinking and alcohol-related problems. This symposium highlights methodological and contextual concerns of implicit measures, propose pilot research using a newly developed implicit task, and discuss clinical implications related to alcohol abuse/dependence prevention and treatment.

Measurement of Implicit Alcohol-Related Cognitions: Psychometric Properties and Methodological Considerations

Jaime L. Richards, University of Georgia

Exploring Contextual Variability of Implicit Alcohol-Related Cognitions

Jessica J. Brooks, University of Georgia

Assessing Alcohol-Related Cognitions Using the Go/No-Go Association Task: A review of Laboratory Research

Brittany D. Baker, University of Georgia

Addressing the Clinical Utility of Implicit Alcohol-Related Measurement in Prevention and Treatment of Alcohol Abuse and Dependence

Delishia M. Pittman, University of Georgia

Symposium 8 – Room V/W

Social Justice Ally Identity Development and Privilege Investment

Chair: Paul B. Perrin, University of Florida

This symposium proposes a way of counteracting resistance from many potential social justice allies across ethnicity, gender, and sexual orientation. This symposium articulates *privilege investment*, the notion that one can invest privilege in people who face injustice and thereby meet both one's own needs and those of others.

Investing Male Privilege

Martin Heesacker, University of Florida

Investing White Privilege: Avoiding the Ills of Racism

Ruperto M. Perez, Georgia Institute of Technology

Investing Heterosexual Privilege

Jill Barber, Georgia Institute of Technology

Paper Session 2: Social Justice, Race, and Ethnicity – Room Y/Z

Teaching Civic Responsibility to Future Psychologists

Sayaka Machizawa, Sharyl Trail, and Whitney Kingsburry, Chicago School of Professional Psychology

It is often challenging to implement community service/research projects in a graduate program due to students' limited available time. They tend to be busy with academic coursework, clinical practicum, and other commitments such as part-time employment and family. Nevertheless, the Chicago School of Professional Psychology, the nation's largest nonprofit graduate school of psychology, has made community engagement an institutional priority.

Social Justice Advocacy: Counseling Psychology's Tools for Social Change

Jennifer Dean, Clayton State University

This paper presents operational definitions of the Advocacy Competencies based on a thorough review of the multidisciplinary literature. Specific skills were identified and used to further describe competency in social justice advocacy. Additionally, implications for practice, training, research, and assessment are discussed.

Counseling Latino Immigrants in the United States

Sarita M. Sankey, Bowie State University

Latino immigrants in the United States have become the fastest growing minority group in the United States, as the demographics continue to change. The paper presentation on Counseling Latino immigrants will examine how to effectively work with Latino immigrants, specifically those that have experienced trauma (PTSD).

Clarifying the Theoretical Foundations and Conceptualization of Racial Identity Development

Rae Lundy, University of Notre Dame

Despite efforts from scholars over 4 decades who have worked to clarify the nature and importance of racial identity, this construct continues to suffer from definitional problems and, consequently, problems of measurement. My purpose is to offer new direction through critique and comparison of the “top down” and “bottom up” approaches.

3:50 – 4:00 PM: Break

4:00 – 5:00 PM: Town Hall Meeting and Closing by Dr. Edward Delgado-Romero – Masters Hall

THANK YOU

Committee Co-Chairs: Y. Barry Chung, Edward Delgado-Romero, Ruperto Perez

Student Co-Chairs: Birma Gainor and Yi-Chen Jenny Wu

Program Committee: Heather Dukes-Murray

Special thanks: Nina Lewis-Schroeder, Northeastern University and Sheila Daley, Northeastern University – assistants to Y. Barry Chung, Ph.D., Northeastern University

UGA Student Hosts: Jessica Parrillo (coordinator), Dominique Broussard, Timika Edwards, Jon Harvey, Ashley Kirk, and Lisa Sims

Conference sponsored by:

The Society of Counseling Psychology, Division 17, American Psychological Association

University of Georgia, Counseling Psychology Program

Georgia Institute of Technology, Counseling Center

Y. Barry Chung

Dr. Jenny P. Oliver

UGA College of Education, Dean’s Council on Diversity

Special thanks to Holly Blanchard and the Georgia Center